

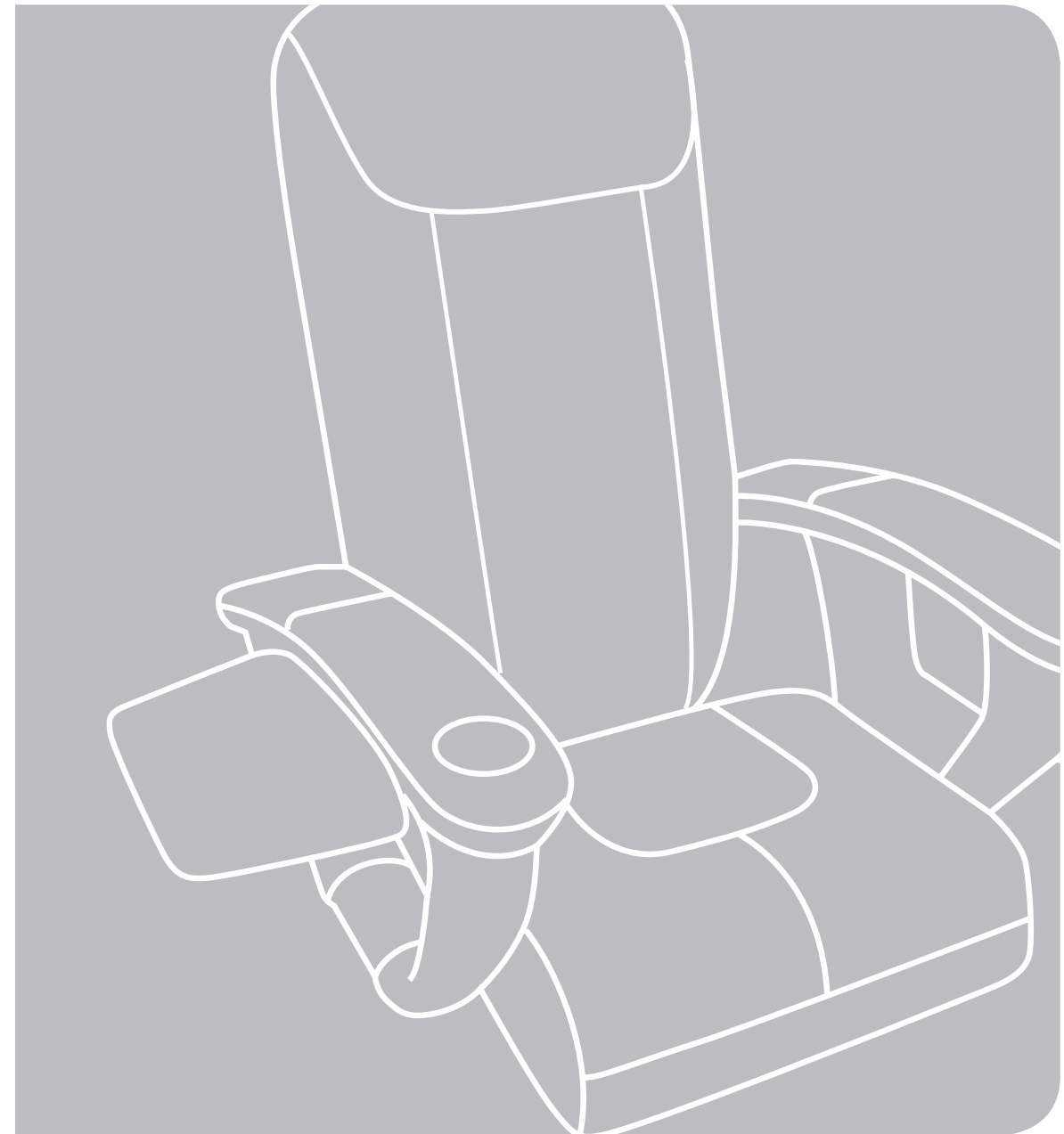
HT-1000



human touch®

humantouch.com

800.355.2762



 human touch®
massage chairs

use & care manual

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No medical claims are warranted or implied by the use of this product.

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HT-1000-A1

Human Touch®
Partners in Your Well-Being

For decades, Human Touch has been a leader in the field of massage products. We create state-of-the-art products that embrace the latest technology while applying the ancient healing art of massage. Balancing your physical and mental needs requires the right mix of proper nutrition, exercise, and massage. Human Touch Massage Systems are vital components for achieving balance between physical and mental well-being.

Your Human Touch massage chair is the perfect bridge between state-of-the-art technology and the ancient healing art of massage. It's a key ingredient for a balanced life.

Your Human Touch massage chair incorporates patented Human Touch Technology®. It emulates the same techniques used by massage and chiropractic professionals for back and spinal care. It's hard to believe it's not human!

To ensure that you don't overlook any of your chair's features, and that you use it safely, read this manual carefully. Then sit back, relax, and enjoy!



keep it safe

IMPORTANT SAFETY INSTRUCTIONS

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using this appliance.



DANGER: To reduce the risk of electrical shock

Always unplug this product from the electrical outlet immediately after using and before cleaning.



WARNING: To reduce the risk of burns, fire, electric shock or injury to persons:

- Do not put hands or fingers near the massage mechanism or rollers while this product is running. Touching the mechanism can result in injury from the rollers squeezing together.
- If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.
- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this product is used by, on, or near children, invalids, or disabled persons. Keep children away from extended foot support (or other similar parts).
- Use this product only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this product if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return this product to a service center for examination and repair.
- Do not carry this appliance by supply cord or use cord as a handle.
- Always keep the power cord away from heated surfaces.
- Never operate this product with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the OFF position, then remove plug from outlet.
- Do not massage any area of the body that is swollen, inflamed or covered with skin eruptions.
- Do not use on unexplained calf pain.
- Do not use this product when standing on a damp floor, or when any part of the body is in contact with plumbing or any similar ground.
- Connect this appliance to a properly grounded outlet only. See GROUNDING INSTRUCTIONS.
- Do not use this product if noise above normal sound is heard.
- Do not stand on or in appliance. Use only while seated.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.

Safety Precautions

- Comfortable clothing is recommended while using this product.
- This product was meant to be used in a relaxed position. Never force any body part into the backrest area while the rollers are moving.
- If you feel any abnormal discomfort during the operation of this product, turn off the power immediately and do not use the product. Consult your physician.
- Do not sit on the controller.
- Do not pull on the AC cord.
- When using this product after it has been in storage, check to see that the product is operating properly prior to use.
- Always confirm that there are no obstacles behind the product and that there is sufficient space to recline.

SAVE THESE INSTRUCTIONS

Do not attempt to repair this product yourself.

This product is designed for personal in-home use. Commercial use will void warranty.

Grounding Instructions:

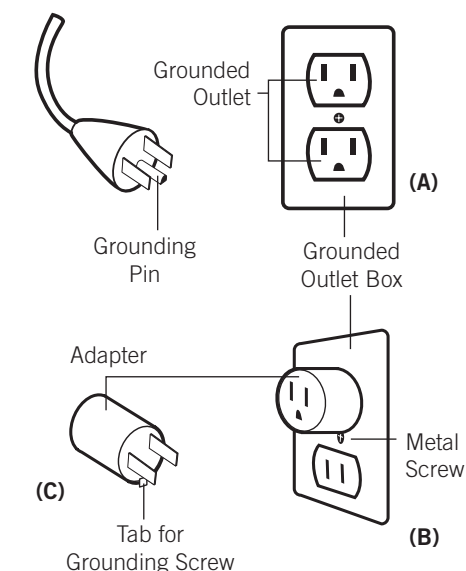
This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electrical current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

WARNING: Improper connection of the equipment-grounding conductor can result in a risk of electronic shock. Check with a qualified electrician or serviceman if you are in doubt as to whether this product is properly grounded. Do not modify the plug provided with the product – if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

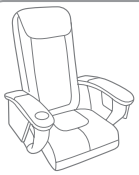
This product is for use on a normal 120-volt circuit and has a grounding plug that looks like the plug illustrated in sketch (A). A temporary adapter that looks like the adapter used in sketches (B) and (C) may be used to connect this plug to a 2-pole receptacle as shown in sketch (B), if a properly grounded plug is not available. The temporary adapter should be used only until a properly grounded outlet (sketch A) can be installed by a qualified electrician. The green colored, rigid ear tab or the like extending from the adapter must be connected to a permanent ground such as a properly grounded outlet box cover. Whenever the adapter is used, it must be held in place by a metal screw.

For all grounded cord-connected products:

Grounding methods:



The use of a temporary adaptor is not permitted in Canada.

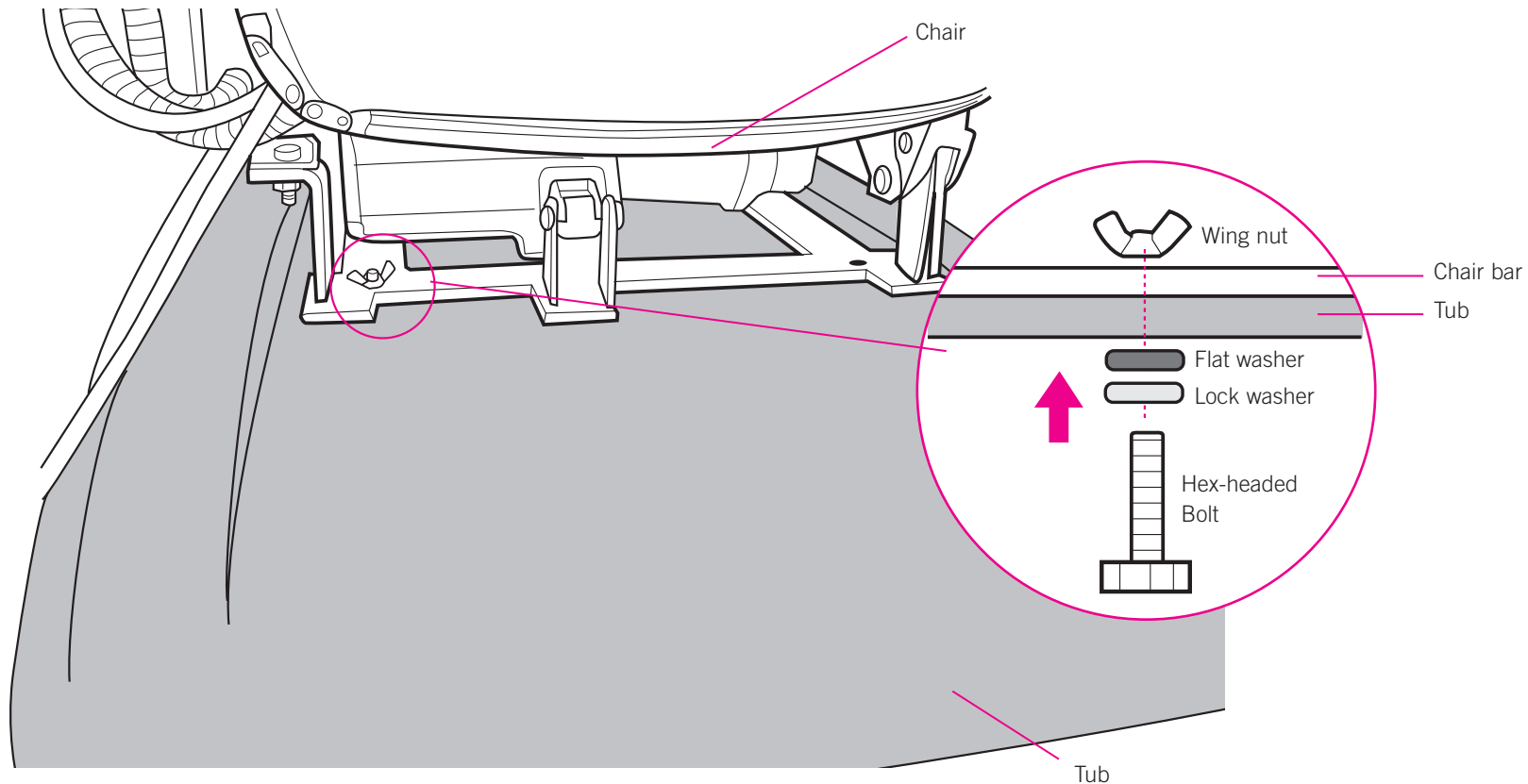


INSTALLING THE REAR LEFT-HAND BOLT

SAVE ALL REMOVED PARTS FOR USE DURING REASSEMBLY

SERVICE LEVEL: 2

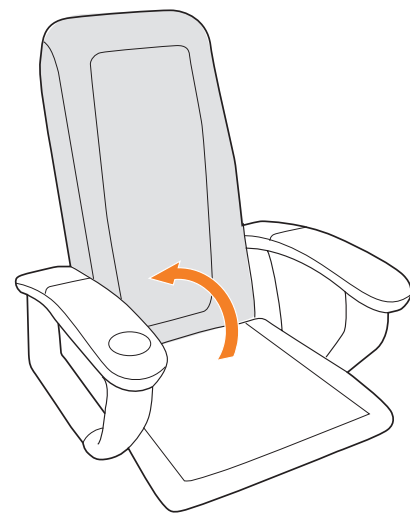
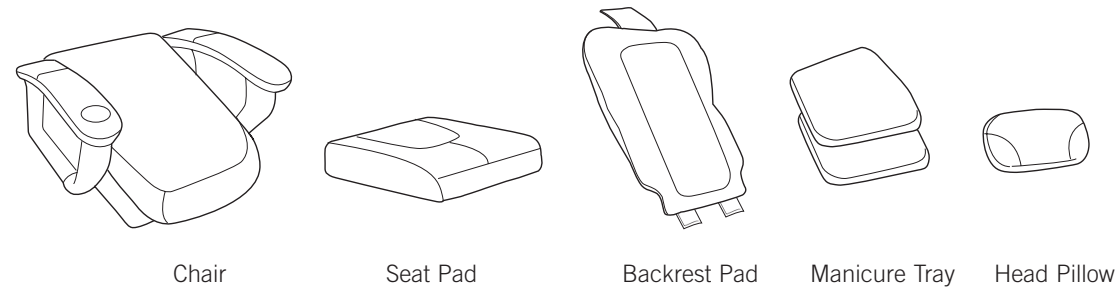
1. Place the chair into position on top of the tub.
2. Place the lock washer, then the flat washer, onto the bolt.
3. From beneath the tub, thread the hex-headed bolt upward, through the rear left-hand tub/bolt hole (Fig.1).
4. Install the wing nut onto the end of the bolt, then use a wrench to secure it (Fig.1).



get ready

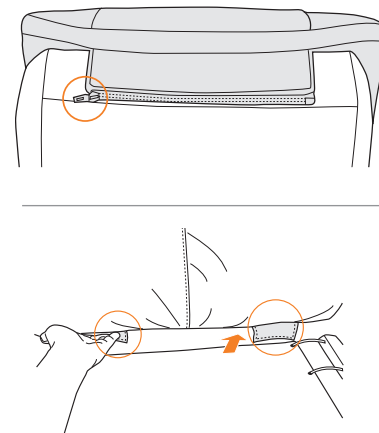
Your Human Touch massage chair requires some simple assembly (no tools required). Just attach the backrest pad, seat pad, manicure trays, head pillow and you're done!

Unpack the box



1. Unfold the chair

Remove all packaging materials from the chair. Pull up on the backrest to unfold the chair to an upright position. The backrest locks into place automatically.

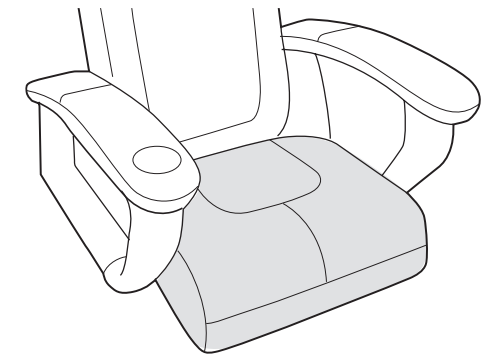


2. Attach the backrest pad

Attach the top backrest pad flap to the top of the backrest, using the zipper.

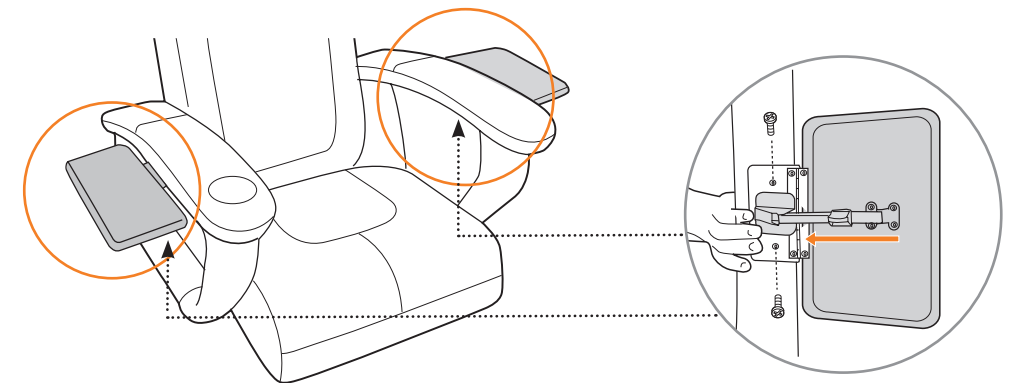
3. Attach the seat pad

Place the seat pad into position, and press down firmly to attach it using the hook and loop fasteners. Tuck one of the seat pad side flaps between the seat and the armrest. Pull firmly on the flap, wrap it around the chair frame, then attach it to the chair frame using the hook and loop fasteners. Repeat this procedure to attach the other side flap to the chair frame.



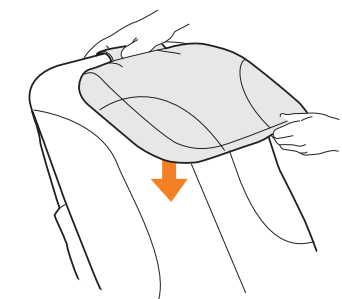
4. Attach the manicure trays

Slide the new manicure tray mounting plate into position, then use a Phillips-head screwdriver and two screws to secure the tray to the armrest.



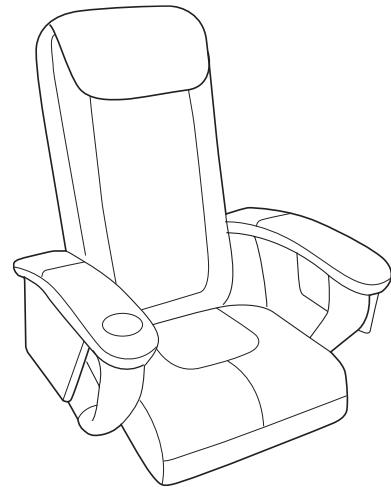
5. Attach the head pillow

Flip the flap on the back of the headrest up and over the top of the chair. Attach the head pillow to the flap using the hook-and-loop fasteners. Adjust the head pillow height for maximum comfort.



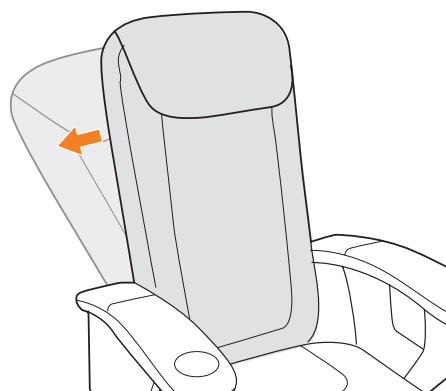
take a seat

Using your Human Touch massage chair is easy. Just take a seat and adjust the backrest to the desired position. Your Human Touch massage chair helps you feel better, using a wide variety of massage techniques that you control. It's the perfect way to relax and refresh.



1. Power on

Plug the power cord into a grounded power source.



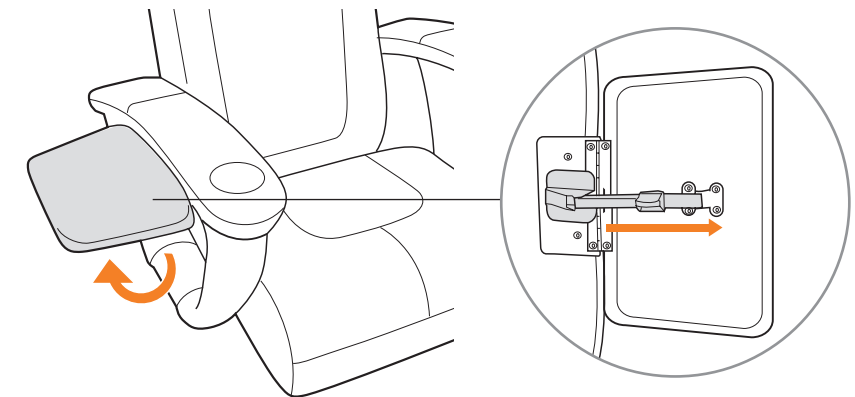
2. Adjust the backrest

Use the remote control to adjust the backrest angle as desired.

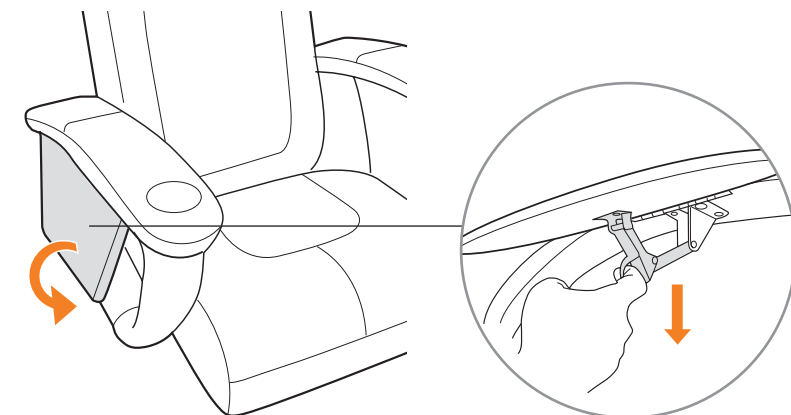
For an easier exit, restore the backrest to a full upright position before getting out of the chair.

USING THE MANICURE TRAY

To raise the manicure tray, pull up on the tray until it locks into a horizontal position.



To lower the manicure tray, insert your finger into the hole located on the brace beneath the tray, then pull downward until the manicure tray begins to fold. Remove your finger from the hole, then push the top of the tray downward to a vertical position.



take control

Stop — Stops the massage and parks the massage rollers at the top of the backrest.

Forward — Slides the chair forward.
Backward — Slides the chair backward.

Power — Lights to indicate that master power switch is on.

Power Recline - Effortlessly adjusts the backrest to a reclined or upright position.

Position (up/down arrows)
— Use these buttons along with any massage technique, to target the massage to the desired area of your back. You can press this button before or after selecting the massage technique.





Message Techniques — Four massage techniques let you customize your massage.

Message Programs massage the specified area of your back for 15 minutes, using a variety of massage techniques. The corresponding LED lights on the remote to indicate which massage mode is currently in use.
Full – massages your entire back.
Upper – massages your upper back.
Lower – massages your lower back.



Now choose a massage technique to suit your mood. Your Human Touch massage chair lets you customize your massage using a wide variety of massage techniques. Choose from three stationary massage techniques and a rolling massage, or combine them! Use the Position and Zone buttons to target your massage to a specific area, or select one of the three auto massage programs and let the chair take control. No matter how you use it, your Human Touch massage chair offers maximum massage flexibility and refreshing benefits.

MASSAGE TECHNIQUES

Massage Technique	What It Does	Benefits
PERCUSSION 	Alternates rapid-tapping strokes along the spine to stimulate both spinal muscles and spinal joint areas, emulating the percussive massage technique used in sports medicine for deep muscle therapy.	Flexes spinal joints and relieves pressure on the spinal column, invigorating the entire back area.
COMPRESSION 	Presses on spinal muscles and spinal joint areas using alternating strokes and a gentle rocking motion, emulating a technique used in sports medicine and in spinal therapy by chiropractors.	Spreads and applies pressure to deep muscle tissue, forcing it to relax, while the rocking motion loosens spinal joints. Aides in muscle and joint repair due to strain from exercise, long hours bent over a desk, or just day-to-day stress, and can improve mobility and overall posture.
KNEADING 	Kneads your back in a small, circular motion on both sides of your spine simultaneously.	Relieves tension and soreness by lifting and stretching muscles. Improves circulation and helps bring vital nutrients to the spinal area.
ROLLING 	Rolls gently up and down your back near your spine.	Warms and loosens your muscles, preparing your back for deeper massage. Relieves muscle tension, improves circulation and relaxes the back.

care and maintenance

To keep your product working and looking its best, please follow these simple care guidelines.

Cleaning:

- 1. Be sure to disconnect the power cord from the electrical outlet before cleaning.
- 2. Do not use benzene, thinner or any other solvents on your massage chair.
- 3. Remove dust on the backrest or armrest with a vacuum.
- 4. If the backrest or armrests become soiled, wipe with a damp cloth, then a dry cloth.
- 5. Common upholstery cleaners may be used for tough stains.
- 6. When cleaning the controller or around the power switch, use a dry cloth only. Never use a damp cloth to clean the controller or power switch.

Fabric Care:

To maintain your Human Touch product in optimum condition, dust it frequently and/or vacuum it with a soft brush vacuum extension. SofSuede™ products can also be brushed with a suede brush. Wipe with a slightly damp cloth as necessary. For tougher stains on non-leather products, use a mild detergent mixed with water. Leather products should be wiped down occasionally with a leather furniture cleaning solution.



WARNING:

Be sure to test any cleaning solution on a small, inconspicuous part of the product to ensure that the color does not fade prior to using the solution on the entire product surface.

Maintenance and Repair:

- 1. The mechanics of this product are specially designed and constructed to be maintenance free. No periodic lubrication or servicing is required.
- 2. Your chair should only be serviced by an authorized service center.

Storage:

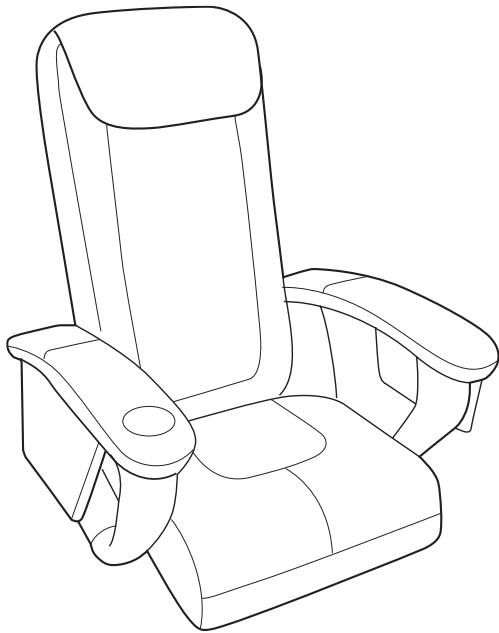
- 1. When not in use for a long period of time, we recommend that the chair be covered, the power cord be coiled and that the unit be placed in an environment free of dust and moisture.
- 2. Do not store near heat or open flame. Do not leave this product exposed to direct sunlight for long periods of time. This may cause fading or damage.

Miscellaneous:

- 1. Foreign objects should not be inserted between the massage nodes or the unit housing.
- 2. Care should be taken not to overload the unit.



WARNING: This product is equipped with a thermal resetting protection device. This is an added safety feature to protect you and this product from overheating. If the product should suddenly stop and will not start, turn the main power switch, located on the back of the product, to off and do not operate the product for at least 30 minutes. Failure to turn the product off may result in the product starting unexpectedly when the product cools.



Specifications*

Operating Voltage:	AC110-120V 60 Hz
Power Consumption:	80 Watts
Chair Size (reclined):	49" L x 29" W x 34" H
Product Weight:	103.5 Lbs.
Maximum Load Weight:	285 Lbs.

**Specifications are subject to change without prior notice.*

Warranty

For warranty information, please contact your distributor.