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All users of this product must read this section of the manual BEFORE plugging in and using this chair. Contact your medical practitioner, before using this chair, if you have any special related health or safety concerns.

Plug in the chair to a properly grounded electrical outlet and turn on the master power switch at the side of the chair, where the power cord goes into the chair's back section.

Now, sit in the chair and hit the Power button on the remote control wand. For the fasted way to begin enjoying your new chair, simply choose Auto Button. After choose it, the only other adjustments you may wish to make is the Back Recline angle, Seat Forward/ Seat Backward, Play/Pause, PRE/VOL-, NEXT/VOL+.

The following pages offer a complete description of each of the chair's remote control wand buttons and subsequent features for your knowledge and enjoyment when using the chair in a manual mode, instead of the Auto modes.

Power button

Use this button as the master power on or power off button for the chair's operations via the remote control wand. Once you turn the chair on or off by hitting this button, the back massage robot will take a moment to perform a self check and "park" itself at the top, behind the pillow section.

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Timer button

This button allows for adjustment of the master timer countdown feature. Options include: 5, 10, 15, 20, 25, 30 and 35 minutes. The chair will automatically default to a 20 minutes setting if you do not adjust this Timer button.

Auto button

There are three Auto Modes under this button. You can choose Auto 1, Auto 2 or Auto 3 when you hit the button. This button will activate a unique pre-programmed massage section. This massage session is designed to take you through all of the massage features of the back massage robot, and leave you feeling thoroughly relaxed and rejuvenated! These programs are permanently installed in your chair and cannot be altered, modified or reprogrammed in any way. Here's a tip for you: the most simple way to think about your massage chair and how it functions is that you will either use the chair in "Auto Mode", or you'll use your chair in "Manual Mode" by "telling the chair what to do" with the use of other buttons such as Tapping, Rolling, Kneading Flapping or Knead & Tap.

Tapping button

This button engages a percussive tapping type of massage. Note: this feature can be further enjoyed with 3 different adjustments of the "Speed "button, as well as 3 different adjustments of the "Width" button.

Rolling button

This button engages a simple and gentle up/down rolling of the massage robot. Note: this feature can be further enjoyed with 3 different adjustments of the "Width" button.

Kneading button

This button engages a "lift & stretch", circular type of massage. Note: this feature can be further enjoyed with 3 different adjustments of the "Strength" button.

Flapping button

This button engages a unique type of massage which combines the Rolling feature

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with intermittent Tapping. Note: this feature can be further enjoyed with 3 different adjustments of the "Speed" button, as well as 3 different adjustment of the "Width" button.

Width button

This feature allows you to adjust the width of the massage robot rollers to either: Wide, Medium or Narrow. Note: this feature only works with the Rolling, Tapping and Flapping massage styles because the Kneading style of massage already uses the full breadth of motion the massage robot is capable of achieving.

Knead & Tap button

This button engages a combination of two massage styles: Kneading & Tapping. Note: this feature can be further enjoyed with 3 different adjustments of the "Speed" button, as well as 3 different adjustments of the "Strength" button.

Speed button

This button offers 3 different adjustments to the speed of the Tapping and the Flapping massage styles.

Strength button

This button offers 3 different adjustments to the "Strength" (actually the speed and/or perceived intensity) of the Kneading and the Knead & Tap massage styles.

Up/Down buttons

These two buttons will "drive" the massage robot up pr down to a specific, fixed location for enjoyment of a <u>fixed position</u> massage, without any automatic upward or downward movement.

Zone button

This button offers 3 different massage "Zones" to be targeted: Neck area, Mid-back area and Lower-back area. Each "Zone" will allow the massage robot to move up and down within approximately a "6" to "8" range. This feature is great if you'd like to have the massage robot "work" on a specific region such as your lower back!

Seat forward/ Seat backward buttons

These buttons will move the seat section forward and/or backward to your desired seat position.

Back Recline/ Back Incline buttons

These buttons will move the back section Recline and/or Incline to your desired back position.